

the VANCOUVER YOGA SHOW

Vancouver Convention Centre - November 4 - 6, 2011

Your admission includes ALL this! Enjoy!

YOGA GARDEN FRIDAY November 4 2011

Time	Presenter	Topic
4:00 pm - 5:00 pm	Prairie Naturals	Body pH and Yoga
5:00 pm - 5:30 pm	Kelly McGonigal	The Science of Willpower
5:30 pm - 6:00 pm	Leslie Kaminoff	Yoga Anatomy
6:00 pm - 6:30 pm	Martin Kirk	Anusara Yoga
6:30 pm - 7:00 pm	Yogapod	Positive Sacred Movement
7:00 pm - 8:00 pm	Enlale Studio	Yoga Pilates Dance

YOGA GARDEN SATURDAY November 5 2011

Time	Presenter	Topic
10:30am-11:00am	Yoga West	Kundalini Yoga
11:00am-11:30am	Diana MacCall and Teresa Murphy	Prajna Yoga
11:30am-12:00pm	Maria Garre	Fluid Power
12:00pm-12:30pm	Seane Corn	Vinyasa Flow Yoga
12:30pm- 1:00 pm	Praana Yoga Teacher College	Classic Hatha Yoga
1:00 pm - 1:30 pm	Nischala Jay Devi	The Secret Power of Yoga
1:30 pm - 2:00 pm	Alexina Mehta	Goddess Yoga
2:00 pm - 3:00 pm	Mike Demison	Yoga and Running
3:00 pm - 3:30 pm	Padma	Padma Yoga
3:30 pm - 4:00 pm	Marla Erickson	Yin and Yang
4:00 pm - 4:30 pm	Susi Hatley	Therapeutic Yoga
4:30 pm - 5:00 pm	Brad Walker	Purna Yoga
5:00 pm - 6:00 pm	Y'Yoga	Practice From Within
6:00 pm - 7:00 pm	Chris Brandt and Teresa Campbell	Contact Partner Yoga Fun
7:00 pm - 8:00 pm	Devinder Kaur	Deep Gong Relaxation
7:30 pm - 8:30 pm	JulieLemon athletica	Goal Setting Workshop level 200

YOGA GARDEN SUNDAY November 6 2011

Time	Presenter	Topic
10:00am-11:30am	Shannon Cluff Henry	Power Flow Vinyasa
11:30am-12:00pm	Michael Stone	Yoga for a world out of Balance
12:00pm-12:30pm	Open Deer Yoga	Integrated Healing Class
12:30pm - 1:00pm	Inner Space Yoga	Anusara Inspired Yoga
1:00 pm - 2:00 pm	Meksha Yoga Community	Meksha Yoga
2:00 pm - 2:30 pm	Body & Brain Yoga & Tai Chi	Acupuncture/Meridian Yoga
2:30 pm - 3:00 pm	Sat Dharam Kaur	Yoga and Addictions
3:00 pm - 3:30 pm	YogaFit	Yoga for Everybody
3:30 pm - 4:30 pm	BKS Iyengar Yoga Association	Iyengar Yoga Class
4:30 pm - 6:00 pm	Mark Laham	Yin Yoga

no copies or facilities accepted

presenters and topics subject to change without notice

DON'T MISS THE
**SHOW
FLOOR**

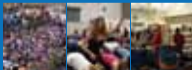


Photo Credit: Bobbi M. Brown

A 3 Day Urban Yoga Retreat designed to Galvanize, Grow, Educate and Inspire your Practice

Vancouver's largest YOGA event is held at 999 Canada Place Vancouver, V6C 3C1

Visit thevancouveryogashow.com for more information or further description of Conference Workshops

Friday November 4 • 4 pm - 8 pm • Saturday November 5 • 10 am - 8 pm • Sunday November 6 • 10 am - 6 pm